NAPERVILLE WRESTLING CLUB

The Naperville Wrestling Club is a USA Wrestling Chartered Club as well as a member of the Illinois Kid Wrestling Federation (IKWF)

The Naperville Wrestling Club teaches sound wrestling technique and sportsmanship to wrestlers from grades Kindergarten through 8th Grade. Wrestling provides a great foundation for building strength, balance and quickness, which can be used in other sports. Our paid and volunteer coaches provide a diverse mix of wrestling knowledge and experience; several of our coaches are former NCAA collegiate wrestlers.

Our Club mission is to promote wrestling within the Naperville area at the youth level through personal development of our athletes, fostering a love for the sport of wrestling, and continual evaluation of progress with competition.

Practices:

All practices are in the Naperville Central Wrestling room. MUST HAVE USA WRESTLING CARD PRIOR TO PARTICIPATING IN PRACTICE

| Age Group | Day | Start Time | End Time |
|-----------------|------------------|------------|----------|
| K & 1st Grade | Tues & Thurs | 6:00pm | 7:00pm |
| 2nd - 5th Grade | Mon & Wed | 6:00pm | 7:30pm |
| 6th - 8th Grade | Mon, Wed & Thurs | 6:00pm | 7:30pm |

Season:

K & 1st Grade – November 5th – January 31st 2nd - 8th Grade- November 4th – March 31st

> IKWF (Folkstyle) Season ends March 7th Freestyle/Greco Training Camp starts March 9th

<u>Eligibility:</u> Kindergarten through 8th Grade

Cost:

K & 1st Grade: \$250 plus \$50 USA Wrestling Card 2nd - 6th Grade: \$300 plus \$50 USA Wrestling Card 7th & 8th Grade: \$150 plus \$50 USA Wrestling Card

*Club fees include: weekly coaching, one (1) NWC t-shirt, competition singlet (singlet must be returned at the end of the season), and entry into two (2) designated IKWF tournaments ***Scholarship/Financial assistance is available as needed****

Competitions:

Local tournaments on Sunday

All wrestlers are eligible to compete

The Naperville Wrestling Club will host a tournament at Naperville Central High School on Sunday, December 29th

For More Information:

Parent Meeting #1 - Tuesday, October 1st @ 7:00pm in the Naperville Central Wrestling Room Parent Meeting #2 - Wednesday, October 30th @ 7:00pm in the Naperville Central Wrestling Room Use entrance #9 (by the swimming pool lobby off Hillside Road) Additional Questions: info@napervillewrestlingclub.com





Go to http://www.napervillewrestlingclub.com/ to register

